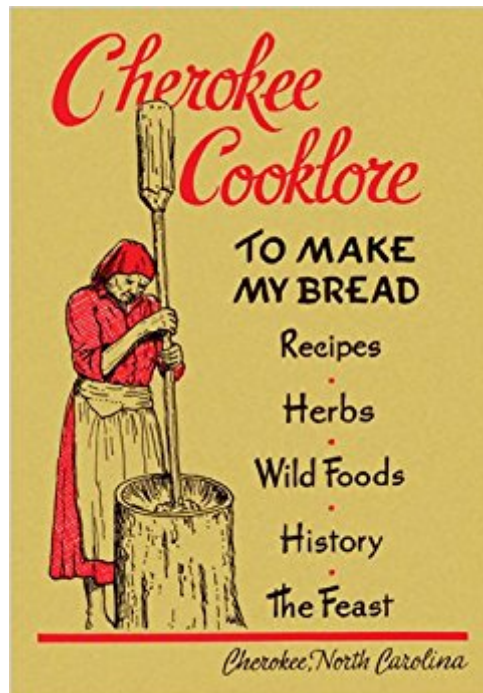




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# Cherokee Cooklore: Preparing Cherokee Foods (Reprint Edition)



## Synopsis

First published in 1951, Cherokee Cooklore introduces us to traditional Cherokee cooking. It starts with a photographic essay as Aggie Lossiah demonstrates how she makes bean bread. This is followed by recipes gathered from the North Carolina Cherokee community (including yellowjacket soup, blood pudding, hominy corn drink, baked squirrel, and hickory nut soup). A description of Cherokee food customs follows. This is a fascinating booklet that provides valuable food lore for the adventuresome gourmet or the student of Native American history.

## Book Information

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## Customer Reviews

Loved getting in touch with my heritage! Although the recipes are very simple and not incredibly descriptive, I love that it points me in the direction of my ancestors! Still want to make uwaga and grape dumplings!

Anyone looking for insights into native American food customs is likely to find this booklet extremely repetitive, but otherwise interesting. On the other hand, anyone looking for recipes is likely to be very disappointed.

It's in such great shape, and the recipes are so interesting! I haven't used any yet, but I am looking forward to it, especially in the colder months when we need heartier meals!

great Product

A delight to read. Love Mary Ulmer.

Loved the book.

My new favorite book!

Reviewed this cookbook when I was in Salem.OR. and thought it was so interesting, me being from Oklahoma where we have lots of indians, that I should have one so my friends could see and read it. I also bought one for my sister-in-law since she is indian. Love the book!!!!

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